

FEEDBACK REPORT

Sample Student

17 October 2026

194

WORDS

4

PARAGRAPHS

8

FIXES

4

STRONG PHRASES



Next target · 7.0

7.0

OUT OF 9

Task Response

Strong



Both views covered and a clear opinion.

7.0

OUT OF 9

Coherence & Cohesion

Strong



Logical order, but one unclear sentence.

6.0

OUT OF 9

Lexical Resource

Focus



Good topic words; two word-partner mistakes.

6.0

OUT OF 9

Grammatical Range & Accuracy

Focus



Verb forms and articles need attention.

■ marks your 7.0 target

**WHAT YOU DID WELL**

You discuss both views and give a clear opinion. Phrases like *“constant connectivity often leads to stress and information overload”* and *“deeply embedded in almost every aspect of daily life”* show strong topic vocabulary.



Your 3 priorities for Band 7.0

Fix these first – they cost you the most.

01**Match the verb to its subject**

Singular subjects take -s; a change that still matters takes **has/have**; a passive needs **be**.

~~When it is used~~ → **When it is used**

Grammar Mistakes 2, 5, 7

02**Learn word partners**

Learn nouns together with their usual verbs and fixed phrases.

~~make an addition to~~ → **develop an addiction to**

Lexical Mistakes 1, 4

03**No “the” for things in general**

Use no article when you mean a whole group or idea.

~~the modern life~~ → **modern life**

Grammar Mistakes 3, 8

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Your essay, marked

Short fixes are shown in the text. Every mistake is explained in the next section.

 Strong phrase — keep it

 Mistake

 Copied from the question

 word fix

In recent years, technology has become **deeply embedded in almost every aspect of daily life**. While some people believe this has made our lives unnecessarily complicated, others argue that it has genuinely simplified how we live and work. **This essay will discuss both views before presenting my own opinion.**

On the one hand, critics of modern technology point out that **constant connectivity often leads to stress and information overload**. Many people feel obligated to check their phones throughout the day, and some even **make develop** an addiction to social media. Furthermore, the rapid pace of technological change **mean means** that people must continuously learn new systems, which **the** older people especially find overwhelming.

On the other hand, supporters of technology highlight the enormous convenience it provides. Tasks that once took hours, such as paying bills, can now be completed in **second seconds**. In addition, technology **has** made it possible for families to stay in touch regardless of distance. **This also gives a chance for lonely people.**

In my opinion, the complexity people experience usually comes from how technology is used **rather than the technology itself**. When it **is** used thoughtfully, it remains a positive force in **the** modern life.

Every mistake explained

Only mistakes are shown. Correct sentences are not repeated.

- 1

~~some even make an addiction to social media~~ → **some even develop an addiction to social media**

Lexical

"Addiction" goes with **develop** or **have**, never **make**.

- 2

~~the rapid pace of technological change mean~~ → **the rapid pace of technological change means**

Grammar

The subject is "the pace" (singular), so the verb needs -s.

- 3

~~which the older people especially find overwhelming~~ → **which older people especially find overwhelming**

Grammar

No "the" when you mean older people in general.

- 4

~~can now be completed in second~~ → **can now be completed in seconds**

Lexical

"In seconds" is a fixed phrase meaning very quickly; it is always plural.

- 5

~~technology made it possible~~ → **technology has made it possible**

Grammar

A change that started in the past and still matters now takes the **present perfect**.

- 6

~~This also gives a chance for lonely people.~~
 The meaning is unclear: a chance to do what? Say what the chance is for.
If you meant "it gives lonely people a way to stay in touch with others": This also gives lonely people a chance to stay connected.

Coherence

- 7

~~When it used thoughtfully~~ → **When it is used thoughtfully**

Grammar

A passive needs a form of **be**: it is used.

- 8

~~a positive force in the modern life~~ → **a positive force in modern life**

Grammar

General ideas such as "modern life" take no article.

Useful vocabulary

Words and phrases for essays on this topic.

WORD / PHRASE	MEANING	EXAMPLE
digital fatigue	Tiredness caused by spending too much time using devices.	Constant notifications can lead to digital fatigue.
to streamline	To make a process simpler and more efficient.	Online banking has streamlined everyday payments.
a double-edged sword	Something with both advantages and disadvantages.	Social media is a double-edged sword for young people.
to bridge the distance	To keep people connected despite living far apart.	Video calls help families bridge the distance between countries.
screen time	The amount of time spent looking at a screen.	Parents are increasingly concerned about children's screen time.
to adapt to change	To adjust to new conditions.	Older employees sometimes struggle to adapt to technological change.
information overload	Receiving more information than one can process.	Information overload makes it harder to focus on important tasks.
to foster connections	To help relationships develop.	Online communities can foster connections between isolated people.
user-friendly	Easy to use or understand.	Banking apps have become far more user-friendly in recent years.
in moderation	Within reasonable limits; not too much.	Technology is most beneficial when it is used in moderation.

Model answer

An answer to your exact question, built around your three priorities. Compare it with your own essay.

AIMED AT

8.0

QUESTION

Some people believe that modern technology has made life more complicated, while others think it has made life easier. Discuss both views and give your own opinion.

It is often argued that modern technology has complicated our lives, whereas others maintain that it has made them considerably easier. Although technology undeniably brings new pressures, I believe its overall effect is to simplify daily life when it is used wisely.

Those who see technology as a burden point to the constant stream of notifications and the need to master unfamiliar systems. Many employees, for instance, are expected to answer messages long after working hours, which blurs the line between work and rest. Older people in particular may feel left behind as banking, shopping and even medical appointments move online, turning simple errands into stressful tasks.

However, the convenience technology offers is difficult to dispute. Tasks that once required a trip to an office, such as paying bills or renewing documents, can now be completed in minutes from home. Moreover, video calls allow families separated by thousands of kilometres to see each other every day, which strengthens rather than weakens relationships. For lonely or elderly people, these tools can be a vital link to the outside world.

In conclusion, while technology can create stress and demand constant learning, these problems stem largely from how it is used rather than from the technology itself. With sensible limits and basic training, it makes everyday life simpler, faster and more connected.

219 words · AI example

One strong way to answer this question, not the only one. Put it next to your own essay on page 2 and borrow what works.

Your progress

This is your first essay. Your results are saved, and your next report will show your progress.

Before you send your next essay

- ☐ Every verb **matches its subject**: the pace means.
Priority 01

- ☐ Changes that still matter use **has/have + past participle**.
Priority 01

- ☐ Nouns come with their **usual verb**: develop an addiction.
Priority 02

- ☐ No **“the”** before general ideas: modern life, older people.
Priority 03

- ☐ Each sentence says **exactly what I mean** - a chance to do what?
Mistake 6

Scored against the IELTS Writing Band Descriptors: the four criteria and the 0–9 scale examiners use. Each criterion is scored three times and the middle score counts. Bandzilla is an independent service; official IELTS results come only from a test centre.